

108E.3

FACIAL TREATMENT WITH DEVICES – SKILLS

- Facial Treatment With Devices – Draping Guidelines
- Facial Treatment With Devices – Procedures
- Facial Treatment With Devices – Guidelines

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This lesson focuses on *Facial Treatment With Devices – Skills*:

- Facial Treatment With Devices – Draping Guidelines
- Facial Treatment With Devices – Procedures
- Facial Treatment With Devices – Guidelines

»»EXPLORE

Would you agree that a machine is more thorough than most things done by hand?

»»INSPIRE

Knowing the correct procedures for facial treatments with devices and following the guidelines for those devices helps an esthetician provide a treatment that targets specific skin care needs.



108F.3 Facial Treatment With Devices – Skills

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Explore

Would you agree that a machine is more thorough than most things done by hand?

Inspire

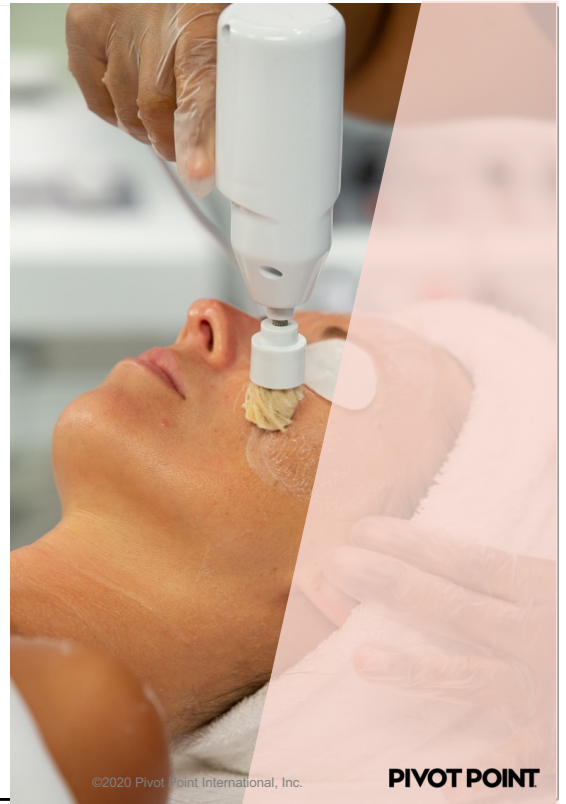
Knowing the correct procedures for facial treatments with devices and following the guidelines for those devices helps an esthetician provide a treatment that targets specific skin care needs.



What will I achieve?

- State how to drape a client for a facial treatment with devices
- Describe the treatment procedures used to perform facials with devices
- Explain the guidelines for using various devices to perform facial treatments

108F.3 Facial Treatment With Devices – Skills



Following this lesson, you'll be able to:

- State how to drape a client for a facial treatment with devices
- Describe the treatment procedures used to perform facials with devices
- Explain the guidelines for using various devices to perform facial treatments

A person is lying down, receiving a facial treatment. A practitioner is using a device on the person's face. The person has white eye patches on their eyes. The practitioner is wearing blue scrubs and gloves. The background is a soft, out-of-focus indoor setting.

▶ FACIAL TREATMENT WITH DEVICES – SKILLS

Understanding how to use devices will give you confidence as you gain more experience. You should have a solid knowledge of electrotherapy, the technology behind the device and its safe use.

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Understanding how to use devices will give you confidence as you gain more experience. You should have a solid knowledge of electrotherapy, the technology behind the device and its safe use to:

- Improve the results of facial treatments
- Choose the right device for the desired results
- Operate equipment correctly
- Explain the benefits and the contraindications to your client

» FACIAL TREATMENT WITH DEVICES – SKILLS



As you use devices in the salon/spa, there are some key areas to learn:

- Proper draping for facial treatments with devices
- Procedures of facial treatments with devices
- Proper use of facial treatment devices

» FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES



- Comfort of the treatment table and draping
- Correct body positioning with bolsters or other positioning aids
- Proper temperature for comfort within the room and on the table
- Environmental setup, including aromatherapy, music, product smell and lighting

Clients book the initial treatment based on their skin care concerns, but they rebook based on how you made them feel. This starts with draping and includes:

- Comfort of the treatment table and draping
- Correct body positioning with bolsters or other positioning aids
- Proper temperature for comfort within the room and on the table
- Environmental setup, including aromatherapy, music, product smell and lighting

» FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES



COCOON WRAP

- Simple table setup designed to create a secure and warm environment for your client
- Might be too confining for some clients.

Refer to coursebook p. 38 to review the cocoon wrap.

» FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES



LAYERED TREATMENT TABLE SETUP

- Setup is just like making a bed
- Can pre-make your layered treatment table in preparation for client
- Once client is draped, help them into bedding
- Working on a male or a large person; layered treatment table setup is more comfortable for them.

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- Help the client onto the table.
- Then pull the sheet, duvet, blanket or comforter completely over the client.
- Next, make any last-minute adjustments such as adding extra bolsters, pillows towels, adjusting the warmth of the treatment table or putting on more or taking off blankets.

Refer to coursebook p. 38 to review the layered treatment table setup.

» FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES



HEAD WRAP

- The folded towel at top of table is used for draping a client's hair, as well as protect head from any product that may accidentally fall
- If client has long hair, a hairnet or additional towel may be used to protect it

Refer to coursebook p. 39 to review the head wrap.

» FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES



Draping Guidelines

- Disability
- Body size
- Pregnancy
- Age
- Comfort preference (temperature)

Note that pregnancy is contraindicated for many devices.

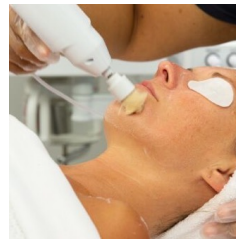
➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



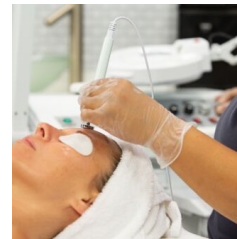
Pre-cleanse



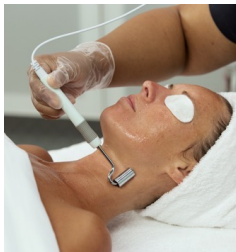
Analyze



Cleanse and Tone



Exfoliate



Treat



Massage



Mask



Protect

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The facial treatment procedures include the following steps:

- Pre-Cleanse
- Analyze
- Cleanse and Tone
- Exfoliate
- Treat
- Massage
- Mask
- Protect

With the addition of the following devices:

- Steamer
- Rotating brush
- Galvanic current
- High frequency
- Spray atomizer
- Vacuum suction

Standalone treatments such as microcurrent and LED have specific protocols for use but can be implemented in some of the same steps.

- Microcurrent – Perform all steps up to Exfoliate, then use the device in the Treat/Massage steps
- LED – Perform steps up to Treat, then use device in Massage/Mask steps

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES

Common devices, their benefits or actions and when they can be used during a facial treatment:

DEVICE	BENEFIT/ACTION	FACIAL STEP
Cold hammer	Decreased redness (erythema), decreased microcirculation, decreased edema	Mask Protect
Galvanic (desincrustation)	Increased microcirculation, decreased oil/congestion	Exfoliate
Galvanic (iontophoresis)	Increased tissue tightening, increased hydration, decreased redness (erythema)	Treat
High frequency (indirect)	Increased microcirculation, increased sebum secretion	Massage
High frequency (direct, sparking)	Decreased bacteria, reduced redness, reduced papules & pustules	Treat
Hot hammer	Increased microcirculation	Treat

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES

Common devices, their benefits or actions and when they can be used during a facial treatment:

DEVICE	BENEFIT/ACTION	FACIAL STEP
LED light therapy	Increased microcirculation, increased desquamation, decreased discoloration, decreased redness (erythema)	Mask Stand-alone protocol
Lucas spray pulverizer	Increased hydration, decreased discomfort	Cleanse and Tone Treat
Microcurrent	Increased tissue tightening, increased hydration, decreased edema, decreased microcirculation	Treat Massage Stand-alone protocol
Microdermabrasion	Increased microcirculation, increased desquamation, decreased discoloration, decreased edema, decreased rough texture	Treat Stand-alone protocol

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES

Common devices, their benefits or actions and when they can be used during a facial treatment:

DEVICE	BENEFIT/ACTION	FACIAL STEP
Rotating brush	Increased microcirculation, increased desquamation, decreased rough texture, decreased dull appearance	Cleanse and Tone
Steamer	Increased microcirculation	Cleanse and Tone
Ultrasonic spatula	Increased desquamation, increased hydration, decreased rough texture	Exfoliate
Vacuum/Spray Spray atomizer Vacuum	Increased hydration, decreased discomfort Increased microcirculation, decreased edema	Cleanse and Tone Treat Protect Massage Treat

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – PRE-CLEANSE STEP

- Goal: To start cleansing the skin and stimulation of microcirculation; prepare for skin analysis
- Known as superficial cleanse; first cleanse
- Devices: None

Refer to coursebook p. 42 to review Pre-Cleanse.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – ANALYZE STEP

- Goal: To correctly identify skin type, skin condition, Fitzpatrick skin type
- Devices used:
 - Magnifying lamp
 - Wood's lamp

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The skin analysis is crucial, as it enables you to tailor the facial treatment with devices to meet the concerns of the individual client's skin. In this step of the facial, you will use the Skin Assessment and Recommendation System.

- Identify skin type and Fitzpatrick type
- Identify skin condition categories
- Create summary analysis
- Complete Treat step using the skin analysis guidelines

Refer to coursebook p. 42 to review Analyze.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES

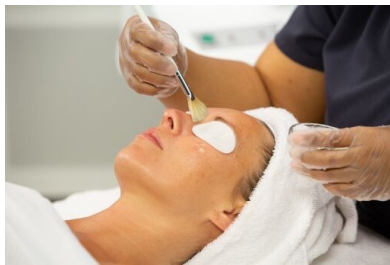


FACIAL TREATMENT WITH DEVICES – CLEANSE & TONE STEP

- Goal: To deep cleanse the skin and continue stimulation of microcirculation. This is performed with most facial treatments, toner omitted for chemical exfoliation services at this step.
- Devices used:
 - Steamer
 - Rotating Brush
 - Spray Atomizer

Refer to coursebook p. 43 to review Cleanse and Tone.

➤ FACIAL TREATMENT WITH DEVICES - PROCEDURES



FACIAL TREATMENT WITH DEVICES – EXFOLIATE STEP

- Goal: To continue increased microcirculation, stimulate cell turnover, and improve skin texture. This is performed for all facial treatments
- Devices used:
 - Galvanic current (Desincrustation)

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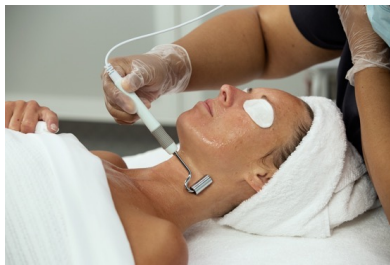
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Note: Don't break contact with the skin or keep the electrode in one location while the device is on.

Electric heated mask

Refer to coursebook p. 43 to review Exfoliate.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – TREAT STEP

- Goal: To infuse active ingredients in the skin, address specific skin conditions. This is performed for most facial treatments, can be omitted for express facials and chemical exfoliation
- Devices used:
 - Direct high frequency
 - Iontophoresis (Galvanic current)

Note: Don't break contact with the skin or keep the electrode in one location while the device is on.

Refer to coursebook p. 43 to review Treat.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – MASSAGE STEP

- Goal: To continue infusing active ingredients in the skin, help improve texture and reduce inflammation
- Devices used:
 - Vacuum spray device

Refer to coursebook p. 44 to review the Massage.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – MASK STEP

- Goal: To start calming, hydrating and reducing inflammation
- Devices used:
 - Cold hammer



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Note: If your client has had lymph nodes removed or has been treated for cancer, omit the massage until you have had further training.

An electric heated mask can be used during the Exfoliate and Mask steps to increase vasodilation.

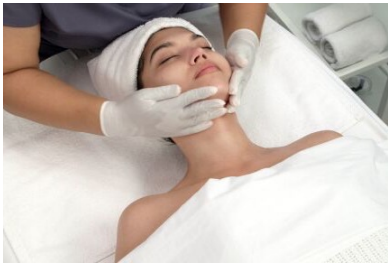
Refer to coursebook p. 45 to review Mask step.

➤ FACIAL TREATMENT WITH DEVICES – PROCEDURES



FACIAL TREATMENT WITH DEVICES – PROTECT STEP

- Goal: To continue calming, improve hydration and skin barrier function, and apply products that may be used in home-care plan
- Devices used:
 - Vacuum spray atomizer



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Note: If your client has had lymph nodes removed or has been treated for cancer, omit the massage until you have had further training.

Refer to coursebook p. 45 to review Protect.

» FACIAL TREATMENT WITH DEVICES – GUIDELINES

GALVANIC DEVICES GUIDELINES

GALVANIC CURRENT APPLICATIONS

TREATMENT	METHOD USED	BENEFICIAL EFFECT
Desincrustation – Treatment in which blockages in the skin, such as clogged pores and blackheads are broken down	Anaphoresis – Type of transmission that allows an alkaline solution to enter the skin	<ul style="list-style-type: none">• Dilates the follicles• Emulsifies sebum
Iontophoresis – Treatment in which water-soluble compounds are pushed into the epidermis	Cataphoresis – Type of transmission that allows an acidic solution to enter the skin	<ul style="list-style-type: none">• Increases product absorption in skin• Tightens and firms the tissue

The two treatments for a galvanic device are:

1. Desincrustation
2. Iontophoresis

Refer to coursebook p. 46 to review the complete Galvanic Current Applications chart.

➤ FACIAL TREATMENT WITH DEVICES – GUIDELINES

GALVANIC DEVICES GUIDELINES

DESINCRUSTATION	PROCEDURE FOR DEVICE
Prepare Electrodes	Perform Desincrustation Treatment on Face
<ul style="list-style-type: none">• Wet inactive electrode gauze.• Wrap around electrode or slide on.• Place under client's shoulder or have them hold it.	<ul style="list-style-type: none">• Dispense desincrustation gel into container.• Apply thin layer evenly over entire face.• Turn intensity meter to 0; choose the negative pole.

Refer to coursebook p. 47 to review the complete Desincrustation chart.

➤ FACIAL TREATMENT WITH DEVICES – GUIDELINES

GALVANIC DEVICE GUIDELINES: Iontophoresis

- Prepare inactive electrode
- Apply water-based ampoule or serum for client's skin condition
- Perform iontophoresis procedure



Refer to coursebook p. 48 to review the complete Iontophoresis Guidelines chart.

» FACIAL TREATMENT WITH DEVICES – GUIDELINES

HIGH FREQUENCY DEVICE GUIDELINES

TREATMENT	METHOD USED	BENEFICIAL EFFECT
Direct High Frequency	Direct application of electrode on skin	<ul style="list-style-type: none">• Stimulates surface tissue
Indirect High Frequency	Massage performed while client holds saturator electrode	<ul style="list-style-type: none">• Warms tissues• Stimulates sebum production and secretion
Sparking (Fulguration)	Direct application over blemishes with a small contact electrode using an up and down movement to create a “spark gap”	<ul style="list-style-type: none">• Delivers a germicidal effect and kills bacteria on skin• Creates heat on surface of skin

Refer to coursebook p. 49 to review the complete High Frequency Application Guidelines chart.

» FACIAL TREATMENT WITH DEVICES – GUIDELINES

HIGH FREQUENCY DEVICE GUIDELINES

DIRECT FREQUENCY	INDIRECT FREQUENCY	SPARKING
<ul style="list-style-type: none">• Prepare skin and electrode• Perform direct high frequency application	<ul style="list-style-type: none">• Prepare skin and electrode• Perform indirect high frequency procedure	<ul style="list-style-type: none">• Prepare electrode• Perform sparking

Refer to coursebook p. 50 to review the complete Direct Frequency, Indirect Frequency, and Sparking guidelines charts.

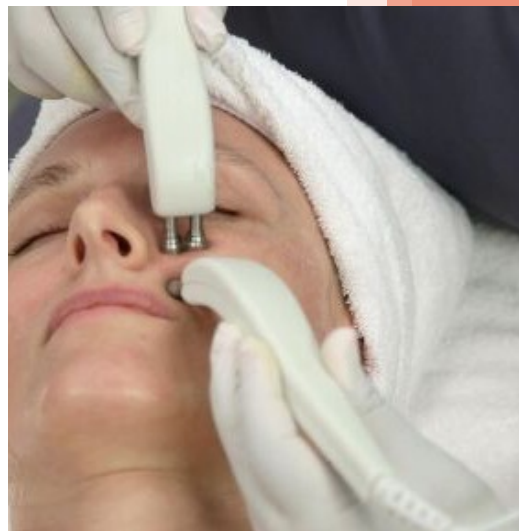
» FACIAL TREATMENT WITH DEVICES – GUIDELINES

MICROCURRENT DEVICE GUIDELINES

After setting up and testing your device, use the following guidelines:

- Prepare skin for microcurrent by performing a pre-cleanse, cleanse and tone, then brushing on conducting gel

Note: Do not perform microcurrent with Viennese massage. Choose service that is most important to client's skin condition.

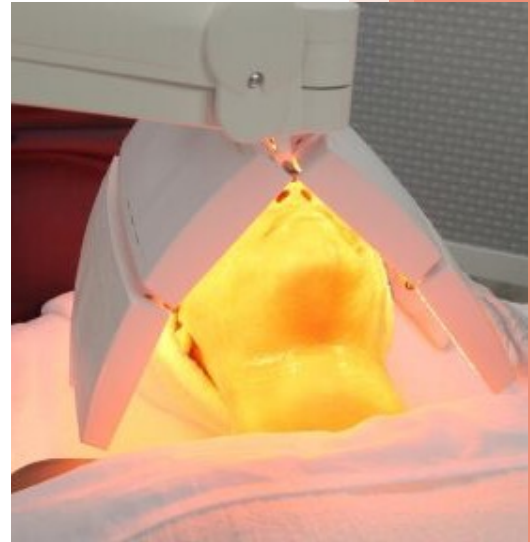


Refer to coursebook p. 51 to review the complete Microcurrent Device Guidelines chart.

» FACIAL TREATMENT WITH DEVICES – GUIDELINES

LIGHT-EMITTING DIODE (LED) DEVICE GUIDELINES

- Key things to remember with LED are:
 - Always cover your client's eyes securely
 - Do not look directly at LED panels without eye protection



Refer to coursebook p. 52 to review the complete Light-Emitting Diode (LED) Device Guidelines chart.



CHECK WHAT YOU KNOW

1. True/False Simple table setup designed to create a secure and warm environment for your client is the cocoon wrap.
2. True/False The goal of the Analyze step is to start cleansing the skin and stimulation of microcirculation; prepare for skin analysis.
3. The three devices used during the Cleanse and Tone step are steamer, rotating brush and _____.
4. The goal of Exfoliate step is to continue increased microcirculation, stimulate cell turnover and improve skin _____.
5. The devices used during the Treat step are direct high frequency and _____.

Check What You Know questions help affirm understanding of key points.



CHECK WHAT YOU KNOW

6. Which device is used to massage the skin? _____

7. The goal of the mask is to start calming, hydrating and reducing _____.
8. Treatment in which water-soluble compounds are pushed into the epidermis is called _____.
9. Which treatment is performed when a massage is performed while client holds a saturator electrode? _____

10. Do not look directly at LED panels without eye _____.

Check What You Know questions help affirm understanding of key points.



CHECK WHAT YOU KNOW

1. **True/False** Simple table setup designed to create a secure and warm environment for your client is the cocoon wrap. **Page 38**
2. **True/False** The goal of the Analyze step is to start cleansing the skin and stimulation of microcirculation; prepare for skin analysis. **Page 41**
3. The three devices used during the Cleanse and Tone step are steamer, rotating brush and **spray atomizer**. **Page 43**
4. The goal of Exfoliate step is to continue increased microcirculation, stimulate cell turnover and improve skin **texture**. **Page 43**
5. The devices used during the Treat step are direct high frequency and **iontophoresis**. **Page 43**

Check What You Know questions help affirm understanding of key points.



CHECK WHAT YOU KNOW

6. Which device is used to massage the skin? **Vacuum suction**
Page 44
7. The goal of the mask is to start calming, hydrating and reducing **inflammation**. **Page 45**
8. Treatment in which water-soluble compounds are pushed into the epidermis is called **iontophoresis**. **Page 46**
9. Which treatment is performed when a massage is performed while client holds a saturator electrode? **Indirect high frequency**
Page 49
10. Do not look directly at LED panels without eye **protection**.
Page 52

Check What You Know questions help affirm understanding of key points.

»» 108^E.3 FACIAL TREATMENT WITH DEVICES – SKILLS REVIEW

FACIAL TREATMENT WITH DEVICES – DRAPING GUIDELINES

Facial treatment draping guidelines include:

- Cocoon wrap
- Layered treatment table setup
- Head drape
- Steam towel preparation

FACIAL TREATMENT WITH DEVICES – PROCEDURES

Facial treatment procedures include:

- Pre-Cleanse
- Analyze
- Cleanse and Tone
- Exfoliate
- Treat
- Massage
- Mask
- Protect

Validate learning by celebrating what has been learned.



108^E.3 FACIAL TREATMENT WITH DEVICES – SKILLS REVIEW

FACIAL TREATMENT WITH DEVICES – GUIDELINES

Guidelines for performing facial treatments with devices equipment include:

- Galvanic device
- High frequency device
- Microcurrent device
- Light-emitting diode (LED) therapy

Validate learning by celebrating what has been learned.

▶ PIVOT POINT FUNDAMENTALS: ESTHETICS

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